

CRYSTAL METH 'methamphetamine'

Crystal meth, or methamphetamine, is a stimulant drug that carries a high risk for physical dependence. It also comes in a different formulation of methamphetamine called Desoxyn that is available by prescription to treat attention deficit hyperactivity disorder (ADHD).

Crystal meth has several street names, including ice and glass. It resembles shiny "rocks" or fragments of glass of varying sizes. It is the most potent form of meth. The drug is odourless and colourless. As a stimulant trusted, it speeds up activity in the central nervous system, which can cause a person to feel euphoric, powerful, and alert.

Meth can cause rapid weight loss, a higher libido, and intense feelings of alertness and concentration. Some people self-medicate for these effects, hoping to lose weight, improve their sexual performance, reduce depression, or concentrate more at work or school.



"Over time, this can lead to addiction."



How do people take it?

A person can snort or inject crystal meth. The way a person takes meth may effect the high. For example, smoking offers a shorter and more intense high, including a "rush" when a person first smokes.

What are the effects?

- ✓ Anxiety, irritability, and aggressive or violent behavior.
- ✓ Alertness and increased concentration.
- ✓ Hyperactivity and insomnia.
- ✓ Increased energy, libido, self-esteem, confidence, and sociability.
- ✓ Delusions of grandeur with a sensation of power and invincibility.
- ✓ Hallucinations and paranoia.
- ✓ Psycho-motor agitation and compulsive skin picking, leading to skin sores.
- ✓ Repetitive and obsessive behaviors.
- ✓ Psychosomatic disorders, in which a mental disturbance causes an apparent physical symptom or ailment.

Meth has detrimental effects on numerous essential organs including the brain, heart, kidneys, and skin. In addition, meth is well known for causing serious problems with the mouth, gums, and teeth.

If you or a loved one have been using crystal methamphetamine, it's vital to seek professional help right away.

Contact us at:

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